

ROAF SORTING GUIDE

FOOD WASTE



- Peel, cores, rotten fruit and vegetables
- Baked goods
- Teabags, coffee filters, coffee grounds
- Fish, shellfish
- Meat scraps, bones
- Egg shells
- Small amounts of used kitchen paper and paper napkins
- Nutshells

Sort food waste in green bags. Always use a double knot.

Throw in separate container for food waste (for those who have one) or container for food and residual waste including plastic packaging.

COLLECTED BY ROAF

RESIDUAL WASTE INCLUDING PLASTIC



- Plastic bottles for detergents, shampoo, salad dressings
- Plastic containers from meat, poultry, fish, fruit, berries, vegetables and cold cuts
- Cooled ash, charcoal
- Potted plants, flowers
- Glossy gift wrapping paper and ribbons
- Cigarette butts and chewing tobacco /snus
- Plastic coffee pods
- Diapers and cotton swabs

Sort in plastic bags. Always use a double knot.

Throw in container for residual waste including plastic packaging.

COLLECTED BY ROAF



PAPER AND CARDBOARD



- Newspapers
- Advertisements, smaller paper waste
- Magazines, periodicals, brochures, books
- Envelopes
- Milk, juice cartons with lids
- Pizza, yoghurt, cereal cartons
- Empty kitchen paper / toilet paper rolls

Must be placed directly in the container, not in a bag!

Sort in container for paper and cardboard.

COLLECTED BY ROAF

GLASS / METAL CONTAINERS



- Aluminium packaging, foil
- Glass bottles without deposit
- Jam jars, mustard jars et cetera (not drinking glasses)
- Tin cans
- Metal lids, stops
- Beer / soft drink cans without deposit
- Metal tubes
- Spent tea candles

DEPOSIT IN RETURN POINT FOR GLASS AND METAL PACKAGING

Check roaf.no or download the app ROAFiD to find your nearest return point.

TEXTILES, CLOTHES AND SHOES



- All types of textiles, must be clean and dry
- Tights, socks and underwear
- Shoes, purses, belts
- Towels
- Curtains
- Bed linen, sheets

**DELIVER TO RECYCLING STATION OR CLOTHING BANKS
(UFF, FRETEX ET CETERA)**

GARDEN WASTE



- Grass
- Leaves
- Twigs, branches
- Weeds
- Potted plants, flowers (without pots)
- Christmas trees

DELIVER TO GARDEN WASTE RECEPTION AT THE RECYCLING STATION

Transformed into compost and planting soil.

ELECTRONIC WASTE



- Light bulbs, fluorescent tubes
- Electrical toys
- Mobile phones
- Light-up shoes
- Shaving machines
- Hair dryers
- Computer equipment
- Watches
- Household appliances
- Wires

**DELIVER TO THE RECYCLING STATION SORTED IN
TRANSPARENT BAGS OR RETURN TO DEALER / STORE**

HAZARDOUS WASTE



- Batteries / car batteries (not electric car batteries)
- Paint, mordant, varnish
- Glue
- Automotive fluids
- Chemicals
- Spray cans / gas
- Pesticides and solvents
- Cleaning agents
- Hair spray / nail polish et cetera

**DELIVER TO THE RECYCLING STATION OR TO MILJØBILEN
SORTED IN TRANSPARENT BAGS**

BULKY WASTE, REUSE



- Wood
- Scrap iron
- Hard plastics
- Furniture
- Porcelain, ceramics, glass cooking ware, drinking glasses, crystal
- Styrofoam
- Building waste

DELIVER TO THE RECYCLING STATION SORTED IN TRANSPARENT BAGS



ROAF – Romerike Avfallsforedling

Telephone: 40 00 29 79

E-mail: kundesenter@roaf.no

Web: roaf.no

Follow us on Facebook and Instagram. Download the ROAFiD app.

The app shows you your dates for waste collection, and you can set up notifications on your mobile phone. If you want to dispose of something that you can't find in the sorting guide, search for it at sortere.no